

User manual

Item 2117007

pedalo®-Rodeosell® 50

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Before using the device for the first time, please **read instruction completely** and keep it.



Warning! This device is a very demanding one for its use a specific level of caution and attention is required (especially when used for the first times and/or when doing exercises in standing position). Furthermore a certain degree in motor abilities and circumspection is assumed.

In case of doubt first use device only with assistance.

All indications and information regarding function and using of the device which are mentioned in the following, have to be read before and follow carefully!

Warning! The packing is not part of the product and have to be disposed.

The device is designed exclusively for the use described in this instruction manual.

For usage the device have to be positioned only on even level ground.

After longer or frequent use, check that the screws are tight and retighten if necessary.

Defective and worn parts should be replaced by original replacement parts immediately.

Protect item for damp and wet.

This device is meant for using from persons at the age of 3 up.

Maximum weight capacity approx. 100 kg

The pedalo®-Rodeosell® 50 has two different functions:

Variant 1 (red stickers on top)

The rotation axis and the housing bearing part stand a bit inclined to the floor. Thus the Rodeosell® develops its own dynamic and acceleration. Attention! It only takes a slight shift in body weight and the Rodeosell® starts to turn fast and faster unless the you do not counteract permanently by measured and coordinated movements and tune in continuously changing positions with fast reaction. Especially while standing this exercise is particularly demanding and needs highest concentration.

Variant 2 (blue stickers on top)

The rotation axis and the housing bearing part stand vertically to the floor. Thus there will be only a turning movement when user actively initiates the movement by pushing off (e.g. from floor or from a training partner...)

