

Operating/assembly instructions

Sport-Thieme rolling bar slide system

Prod. code 11 200 5805
11 200 5818
11 200 5821
11 201 5402
11 201 7408
11 201 7411
11 201 7424
11 262 1409

Thank you for choosing a Sport-Thieme product!

Please read the following notes carefully before use so you can enjoy this product safely and keep these instructions for future reference. If you have any questions, our team is here for you.



1. Sport-Thieme high platform (prod. code: 11 201 7411)

Ill. 1: high platform, assembled



1.1 When you open the package, please ensure all the necessary parts are included:

- ① 2x side with rung for attaching rolling bar slide, with climbing holes
 - ② 2x front and back with large hole
 - ③ 2x ng for attaching rolling bar slide
 - ④ 1x cover 645 x 660 mm
 - ⑤ 12 hexagon socket screws with countersunk head 6,3 x 50
 - ⑥ 20 hexagon socket screws 6,3 x 50
- connector for two podiums
Hexnut M8
hex bolt 8x60
plastic spacer
washer
1x hex key 5 mm

1.2 General

The high platform is an exciting piece of climbing equipment. There are holes in the sides for climbing the platform.

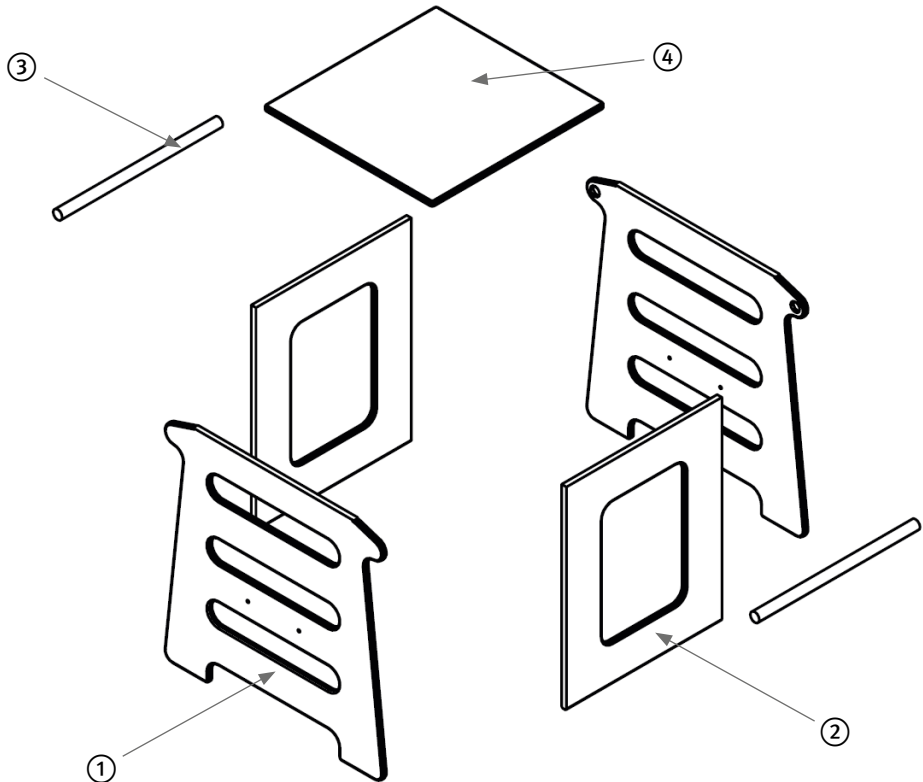
The high platform is suitable for Sport-Thieme rolling bar slides with product codes: 11 200 5805 (2.0 m), 11 200 5818 (2.5 m) and 11 200 5821 (3.0m).

The high platform can be used as free-standing platform, together with further Sport-Thieme platforms or with Sport-Thieme rolling bar slides.

There is no guarantee for the combination with products from other manufacturers. The high platform comes with 2 rungs for attaching the rolling bar slide on opposite sides. It is up to you whether you want to attach a rolling bar slide on the left, on the right or on both sides.

There are endless ways to combine the alternating high and lower platforms. The platforms are designed to be screwed together (see low platform).

Ill. 2: exploded view drawing, high platform



1.3 Assembly instructions

Illustration 2 shows an exploded view drawing of the platform elements in assembly position.

Follow ill. 2 and put the parts a to d together for assembly, screw together using the included hex key and hexagon socket screws (see ill. 2).

The rungs are inserted into the respective recesses and screwed using spax screws 5 x 50.

Caution: To prevent rung c from bursting, please pre-drill the ends in the centre!

1.4 Safety

- Only use the high platform under supervision.
- Place fall protection mats around the platform to prevent injuries!
- The platform is not fixed to the floor.
- Improper use can lead to a risk of tipping over!
- The maximum load is 1.5 kN (150 kg).

1.5 Maintenance and inspection

A visual inspection must be carried out before each use. The high platform is only suitable for **its intended use**.

Improper use voids the warranty.

2. Sport-Thieme 'Universal' platform (prod. code: 11 201 7424)

Ill. 3: view of Sport-Thieme 'Universal' platform, assembled



2.1 When you open the package, please ensure all the necessary parts are included:

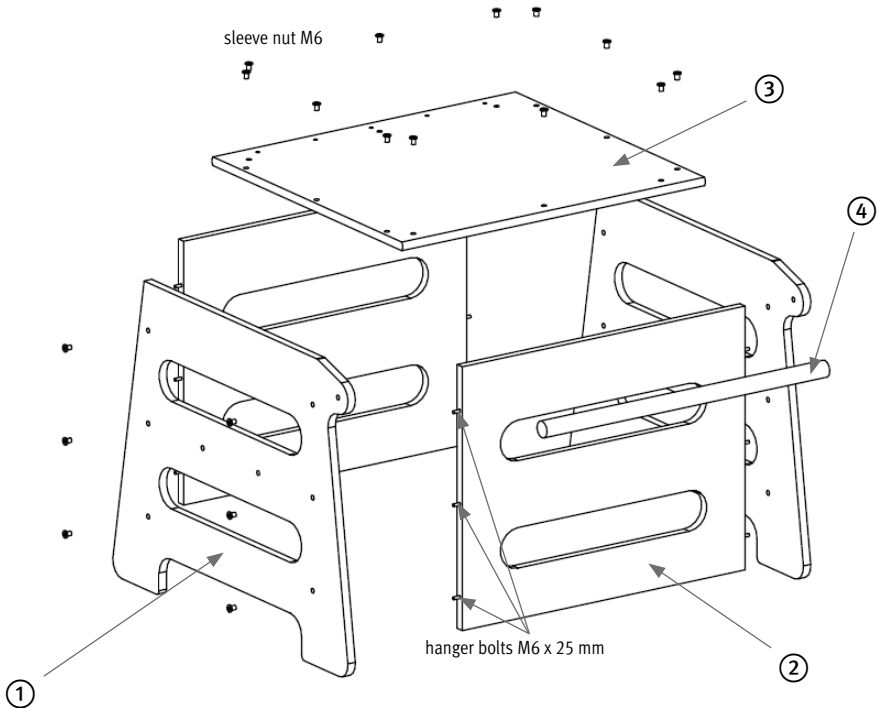
- ① side, right and left
- ② front and back
- ③ cover
- ④ 1 x rung + 2x spax screws 5 x 30
- ⑤ 1x hex key 5 mm
- ⑥ 12 hexagon socket screws with countersunk head 6,3 x 50
- ⑦ 14 hexagon socket screws 6,3 x 50

2.2 General

The Sport-Thieme 'Universal' platform is the ideal addition to the Sport-Thieme low platform (prod. code: 11 201 7408) and the Sport-Thieme high platform (prod. code: 11 201 7411). It is suitable as a starting platform for the rolling bar slides (prod. code: 11 200 5805, 11 200 5818, 11 200 5821) and the roller board track (prod. code: 11 201 5402). The Sport-Thieme 'Universal' platform has the following dimensions: 73 cm x 66 cm x approx. 82 cm (WxHxD).

The 'Universal' platform can be used as free-standing platform, together with further Sport-Thieme platforms or with Sport-Thieme rolling bar slides.

Ill. 4: Exploded view drawing, 'universal' platform



2.3 Assembly instructions

Illustration 4 shows an exploded view drawing of the platform elements in assembly position.

Follow ill. 4 and put the parts ① to ④ together for assembly, screw together using the included hex key and hexagon socket screws (see ill. 4).

The rungs are inserted into the respective recesses and screwed using spax screws 5 x 30.

Caution: To prevent rung c from bursting, please pre-drill the ends in the centre!

2.4 Safety

- Only use the high platform under supervision.
- Place fall protection mats around the platform to prevent injuries!
- The platform is not fixed to the floor.
- Improper use can lead to a risk of tipping!
- The maximum load is 1.5 kN (150 kg).

2.5 Maintenance and inspection

A visual inspection must be carried out before each use. The 'Universal' platform is only suitable for its intended use. Improper use voids the warranty.

3. Sport-Thieme low platform (prod. code: 11 201 7408)

III. 5: view of low platform, assembled



3.1 When you open the package, please ensure all the necessary parts are included:

- ① 2x side with step
- ② 2x front and back with climbing holes
- ③ 1x cover, large 645 x 733 mm
- Caution: Countersunk holes for roller board track at the top!
- ⑤ 12 hexagon socket screws with countersunk head
- ⑥ 8 hexagon socket screws 6,3 x 50
- 4x hex bolt 8 x 60
- 4x hex nut M8
- 4x plastic spacer
- 8x washer 8
- 1x hex key 5 mm

} Connecting materials
platform/platform

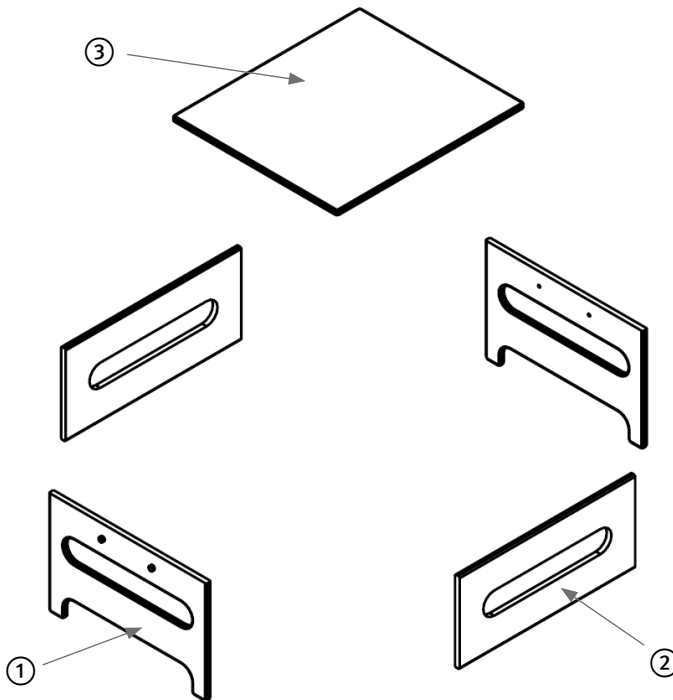
3.2 General

The low platform is an exciting piece of climbing equipment. There are holes (steps) in the sides for climbing the platform.

It is designed to be an attachment point for the roller board track (prod. code: 11 201 5402).

The low platform can be used as free-standing platform, together with further Sport-Thieme platforms or with the Sport-Thieme rolling bar slide. There is no guarantee for the combination with products from other manufacturers.

Ill. 6: exploded view drawing, low platform



3.3 Assembly instructions

Illustration 6 shows an exploded view drawing of the platform elements in assembly position.

Follow ill. 6 and put the parts ① to ③ together for assembly, screw together using the included hex key and hexagon socket screws (see ill. 6).

The low platform comes with pre-drilled holes for the hinges or the roller board track stop strip on opposite sides.

It is up to you whether you want to attach a roller board track on the left, on the right or on both sides. 4 plastic spacers and screws for assembling the platforms are included.

3.4 Safety

- Only use the platform under supervision.
- The platform is not fixed to the floor.
- Improper use can lead to a risk of tipping!
- The maximum load is 1.5 kN (150 kg).

3.5 Maintenance and inspection

A visual inspection must be carried out before each use. The low platform is only suitable for its **intended use**. Improper use voids the warranty.

4. Sport-Thieme rolling bar slide

Length 2 m: 11 200 5805; length 2.5 m: 11 200 5818; length 3 m: 11 200 5821

Ill. 7: rolling bar slide



4.1 Includes:

The rolling bar slide is completely pre-assembled. It consists of 2 wooden sides and padded rolling bars with easy-to-clean, smooth surfaces in-between. The number of bars depends on the length of the rolling bar slide.

4.2 General

The rolling bar slide is a very popular piece of apparatus. It promotes the urge to move around. The rolling bar slide is available in 3 lengths. The rolling bar slide is designed for attaching to the Sport-Thieme high platform (prod. code: 11 201 7411), to the Sport-Thieme 'Universal' platform (prod. code: 11 201 7424) to Varianta vaulting boxes (prod. code: 11 129 7906, 11 129 7919) or to wall bars. It should not be attached to square bars as this can damage the sides.

The rounded attachment holes in the sides of the rolling bar slide enable free adjustment of the incline. The lower side ends are rounded to protect the floor. There is no guarantee when combined with products from other manufacturers.

4.3 Assembly instructions

Attach the rolling bar slide to the respective rung. Ensure safe positioning of the slide.

4.4 Safety

- The rolling bar slide must only be used under supervision.
- Place fall protection mats around the slide to prevent injuries!
- The maximum load is 1.5 kN (150 kg).
- Do not reach between the rolling bars!
- The rolling bar slide must only be used when sitting or lying.
- **Do not stand on the slide!**
- Use: barefoot, with plimsolls or flexible trainers.
- In order to prevent damage to the hygienic surface of the foam rolling bars, ensure that no sharp or pointed objects can damage the rolling bars.

4.5 Maintenance and inspection

A visual inspection must be carried out before each use. The six screws on the sides must be retightened if necessary. **The rolling bar slide is only suitable for its intended use.** Improper use voids the warranty.

5. Buck for rolling bar slide 11 262 1409

Ill. 8: rolling bar slides with buck



5.1 General

This buck makes it easy to connect two rolling bar slides. This extends the rolling fun. Simply attach one end of the first rolling bar slide to wall bars, to a Sport-Thieme trapeze buck (prod. code: 11 220 7823) or to another piece of apparatus that is designed for this purpose. Then, attach the other to the buck's top rung. The second rolling bar slide can now be attached to the second rung from the top.

Should you have an older model of the rolling bar slide with only one attachment point, use this as the bottom element.

5.2 Safety

- Only use the buck under supervision.
- The buck is not fixed to the floor.
- Improper use can lead to a risk of tipping!
- The maximum load is 1.5 kN (150 kg).

5.3 Maintenance and care instructions

Carry out a visual check at regular intervals. Due to our continuous quality control of the products, technical changes may occur which may lead to slight deviations in the instructions. Check at regular intervals that the screw connections are tight. Check the equipment for possible damage and replace worn-out parts. Check the condition of wooden elements as chipping and other signs of wear can result from use.

Caution: Do not overload the equipment! Maximum load 100 kg.

6. Roller board track 11 201 5402

Ill. 9: roller board track with low platform



6.1 When you open the package, please ensure all the necessary parts are included:

- ① 1x roller board track 0.6 x 1.5 m
- ② 1x stop strip
- ③ 1x hinge
- ④ 1x safety pin with rubber tensioning cord
- ⑤ 2x coach bolt M6 x 45 with washer and nut
- ⑥ 5x countersunk bolt with locking nut

6.2 General

The roller board track ① can only be used in combination with the Sport-Thieme low platform (prod. code: 11 201 7408) (see ill. 12). Alternatively, attachment to a rung is possible using attachment hooks (prod. code: 11 128 5664).

The roller board track ① is completely pre-assembled. It consists of two guide rails on the sides and a rolling track. The upper hinge half is also pre-assembled.

You can attach the roller board track to the left or the right side of the low platform. The required holes are pre-drilled.

There is no guarantee when combined with products from other manufacturers.

Ill. 10: mounting the roller board track to the platform

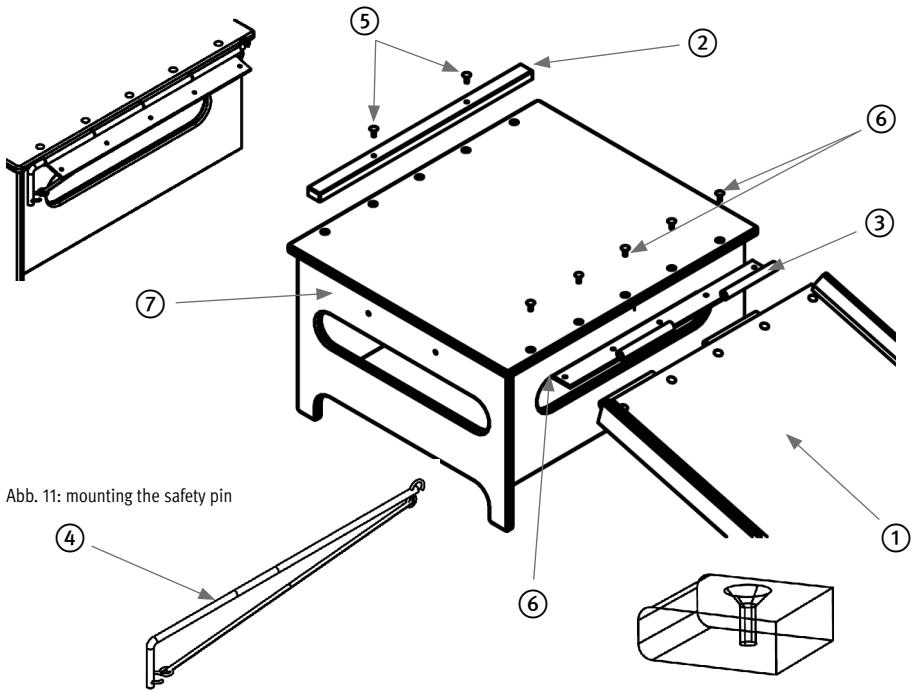


Abb. 11: mounting the safety pin

6.3 Assembly instructions

Follow ill. 10 and screw the loose hinge part (3) underneath the cover of the low platform (7) Use the countersunk bolts with the locking nuts.

On the platforms' (7) opposite side, attach the stop strip (2) using coach bolt, washer and nut (5) (see ill. 10).

The stop strip (2) is designed to prevent slipping off the platform (7) with the roller board. Once everything is assembled, attach the roller board track (1).

Insert the safety pin (4) into the hinges' holes and secure using the rubber tensioning cord.

6.4 Safety

- The roller board track must only be used under supervision.
- Place fall protection mats around the platform and the roller board track to prevent injuries.
- The maximum load is 1.5 kN (150 kg).

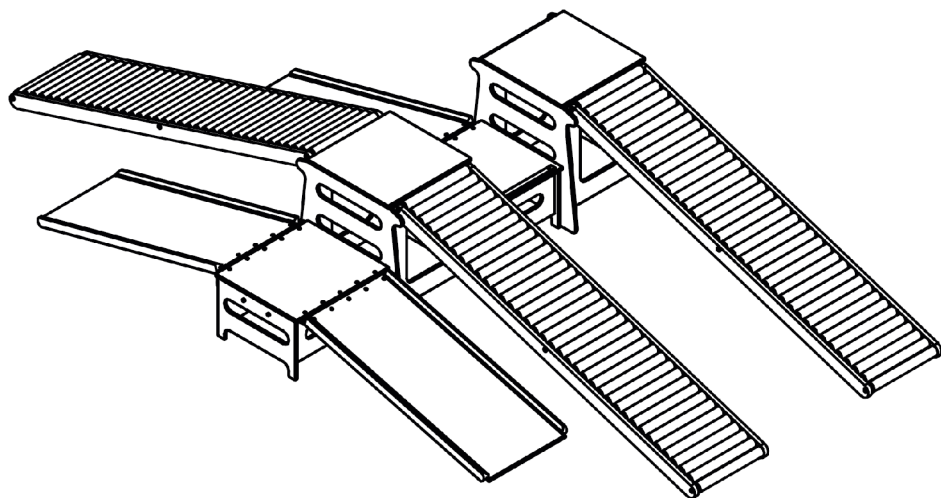
6.5 Maintenance and inspection

A visual inspection must be carried out before each use.

When attaching the roller board track (1) ensure that the safety pin (4) is secured using the included rubber tensioning cord with hook.

The roller board track is only suitable for **its intended use**. Improper use voids the warranty.

Operating/assembly



The Sport-Thieme 'rolling bar / roller board track system' is a particularly versatile and motivating piece of sports and gymnastics equipment for nurseries, schools and therapeutic facilities that is great for integration into movement landscapes.

The individual components can be combined in a variety of ways. The slides can be attached to the platform on one or two sides. You can set up an endless row of high and low platforms connected by slides.



Wall bars with rolling bar slides



'Universal' platform with rolling bar slide