

## Sport-Thieme® Medicine Ball Wall Rack

Thank you very much for choosing a Sport-Thieme product! Please read the instructions fully before use, so you can enjoy the product and to guarantee safety.

Please keep these instructions safe for future reference. Should you have any questions or requests, we are happy to help.



**The medicine ball wall rack provides storage for several medicine balls and slam balls with a diameter of 18-35 cm, helping to keep gyms, schools, clubs, crossfit facilities and rehabilitation centres tidy.**

### Assembly

**Tools required:** (impact) drill, drill bit Ø 12 mm, tape measure, spirit level, pen, SW17 spanner (for D10 hexagon head screws), SW6 hex key, (for M10 hexagon socket screws)

**Number of people required:** 1-2

**Time required:** 15 mins

**Level of difficulty:** moderate

**Important information:** Before assembling the bracket, please check the wall it will be attached to. It should be a solid supporting wall (solid brick, lime sandstone, reinforced concrete or wooden beams).

Use fixings that suit the structure and condition of your wall.

**Maximum load of wall bracket:** The fixings should be able to withstand a tensile load of at least 1.5 kN.

**Max. load:** 150 kg

**Use:** This product is to be used only for its intended purpose, i.e. for storing medicine balls and slam balls with a diameter of 18-35 cm.

**Dimensions:** 154×33×31 cm

**Parts list:**

<u>No.</u>	<u>Quantity</u>	<u>Description</u>
1	2	Central tube
2	2	Side bracket (left/right)
3	4	M10 hexagon socket screw
4	4	Washer 8.4
5	4	Wall plug 12×70
6	4	Hexagon head screw 10×70
7	1	Washer 10.5
8	1	Protective cover for hexagon head screw
9	1	'No hanging' sticker
10	1	'Max. load 150 kg' sticker

## Assembly instructions for prod. code 283 3109

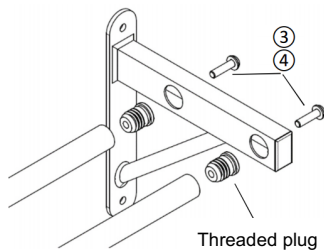


Illustration 1: Assembly (right)

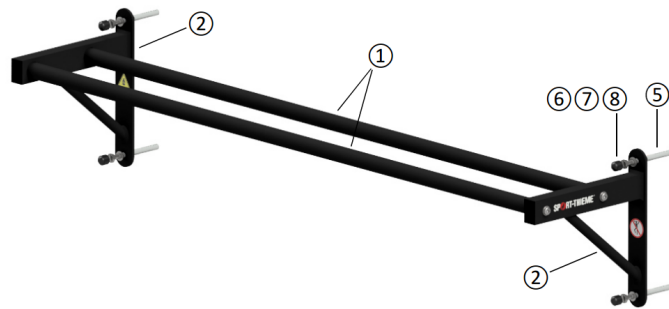


Illustration 2: Wall bracket with fixings

### Assembly step 1

As a first step, the medicine ball wall rack must be assembled. To do this, insert the threaded plugs into the round tubes ① (note: the threaded plugs may come pre-inserted into the tubes), see **illustration 1**. Then position the side brackets ② at a distance of approx. 1.5 m with the reverse side on the ground. Make sure that the large holes for the tubes face inwards. Now place the tubes into the holes and attach them using the supplied hexagon socket round-head screws ③ and washers ④. Assemble one side before beginning with the other.

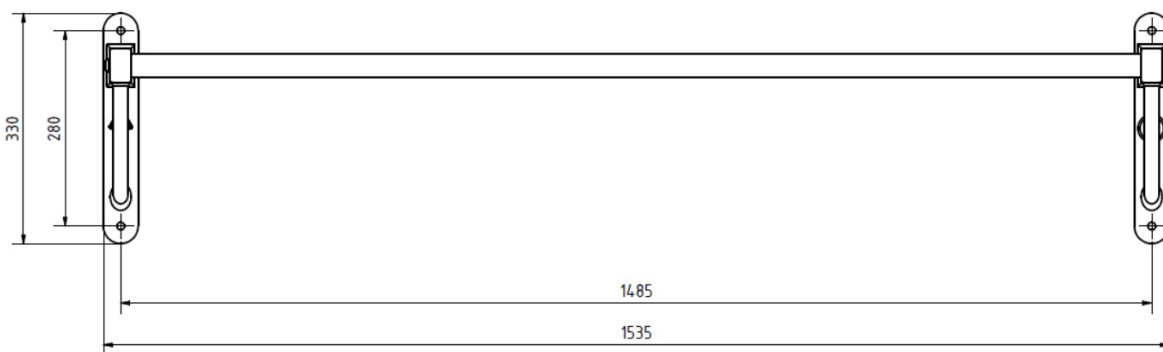


Illustration 3: Drilling dimensions

### Assembly step 2

Using the drilling dimensions from **illustration 3**, drill four holes with a  $\varnothing$  of 12 mm into the wall. Clean the boreholes, place the wall plugs supplied ⑤ into the holes and screw the rack to the wall using the supplied screws ⑥ and washers ⑦. Then place the protective covers ⑧ onto the screw heads.

## Warnings and maintenance / additional information

### Information on regular inspection and maintenance

- Carry out regular visual inspections.
- Regularly check that the screws are fitted securely.
- Check the product for any damage and replace any damaged parts.
- Clean the product with a damp cloth when necessary.

### Please note:



- Modifications or misuse of any kind will impair safety and render the warranty void.
- As quality is continuously optimised, there may be technical modifications that result in slight changes to the instructions.

### Warnings



- **Sticker ⑨:** Do not climb on or hang from the product.



- **Sticker ⑩:** Max. load **150 kg**. Please do not throw or let the balls fall onto the bracket as this causes considerably greater strain, which can damage the product.

**Suitable for:** dry areas / indoors

Should you have any questions or requests, we are happy to help!

**Your Sport-Thieme team**